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**COVER NOTE**

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From:	Secretary-General of the European Commission, signed by Ms Martine DEPREZ, Director
date of receipt:	21 November 2025
To:	Ms Thérèse BLANCHET, Secretary-General of the Council of the European Union

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No. Cion doc.:	C(2025) 7801 final
Subject:	COMMISSION DELEGATED REGULATION (EU) .../... supplementing Regulation (EU) 2019/1700 of the European Parliament and of the Council by specifying the number and the title of the variables for the 2027 ad hoc subject 'Mental health and well-being' in the income and living conditions domain

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Delegations will find attached document C(2025) 7801 final.

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Encl.: C(2025) 7801 final



Brussels, 21.11.2025  
C(2025) 7801 final

**COMMISSION DELEGATED REGULATION (EU) .../...**

**of 21.11.2025**

**supplementing Regulation (EU) 2019/1700 of the European Parliament and of the Council by specifying the number and the title of the variables for the 2027 *ad hoc* subject 'Mental health and well-being' in the income and living conditions domain**

(Text with EEA relevance)

## **EXPLANATORY MEMORANDUM**

### **1. CONTEXT OF THE DELEGATED ACT**

Article 6(1) of Regulation (EU) 2019/1700<sup>1</sup> establishes common rules for producing European statistics on persons and households, based on data at individual level, collected from samples. It allows the Commission to adopt delegated acts specifying the number and title of variables of the different data sets. According to Article 6(2), the number of variables laid down in the delegated act must not exceed by more than 5% the number of variables for each domain of those already required by the Commission (Eurostat) when Regulation (EU) 2019/1700 entered into force.

Over a period of six years, the income and living conditions domain will provide:

(a) core data; (b) three-yearly and six-yearly data; and (c) data on three ad hoc subjects.

According to Commission Delegated Regulation (EU) 2020/256<sup>2</sup>, the *ad hoc* subject in the income and living conditions domain for which data is to be collected in 2027 is ‘Mental health and well-being’.

### **2. CONSULTATIONS PRIOR TO THE ADOPTION OF THE ACT**

The Commission consulted national experts in the field of social statistics during an expert group meeting on the list of variables to be included in the delegated act. The European Directors of Social Statistics were consulted in June 2025. Members of the Income and Living Conditions (ILC) Working Group were consulted in November 2024 and in March and April 2025. The members of the 'EU-SILC methodology developments' task force were consulted in February 2025.

The ‘National Statistical Institutes of the European Statistical System’ expert group was also consulted. The Commission has kept both the European Parliament and the Council informed of the consultations.

### **3. LEGAL ELEMENTS OF THE DELEGATED ACT**

The purpose of this delegated Regulation is to adopt the number and title of the variables for the 2027 *ad hoc* subject as provided for in Article 6(1) of Regulation (EU) 2019/1700.

Combined with the annual variables included in Annex II to Regulation (EU) 2019/2242, the number of variables to be collected in 2027 does not exceed by more than 5% the number of variables collected for the income and living conditions domain when Regulation (EU) 2019/1700 entered into force. This fulfils the requirement in Article 6(2) of Regulation (EU) 2019/1700.

The delegated act has no implications for the EU budget.

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<sup>1</sup> [Regulation \(EU\) 2019/1700 of the European Parliament and of the Council of 10 October 2019 establishing a common framework for European statistics relating to persons and households, based on data at individual level collected from samples, amending Regulations \(EC\) No 808/2004, \(EC\) No 452/2008 and \(EC\) No 1338/2008 of the European Parliament and of the Council, and repealing Regulation \(EC\) No 1177/2003 of the European Parliament and of the Council and Council Regulation \(EC\) No 577/98 \(OJ L 261I, 14.10.2019, p. 1, ELI: <http://data.europa.eu/eli/reg/2019/1700/oj>\).](#)

<sup>2</sup> [Commission Delegated Regulation \(EU\) 2020/256 of 16 December 2019 supplementing Regulation \(EU\) 2019/1700 of the European Parliament and of the Council by establishing a multiannual rolling planning \(OJ L 54, 26.2.2020, p.1, ELI: \[http://data.europa.eu/eli/reg\\\_del/2020/256/2024-12-31\]\(http://data.europa.eu/eli/reg\_del/2020/256/2024-12-31\)\).](#)

The delegated act concerns a matter relating to the European Economic Area (EEA) and its application should therefore extend to the EEA.

COMMISSION DELEGATED REGULATION (EU) .../...

of 21.11.2025

**supplementing Regulation (EU) 2019/1700 of the European Parliament and of the Council by specifying the number and the title of the variables for the 2027 *ad hoc* subject 'Mental health and well-being' in the income and living conditions domain**

(Text with EEA relevance)

THE EUROPEAN COMMISSION,

Having regard to the Treaty on the Functioning of the European Union,

Having regard to Regulation (EU) 2019/1700 of the European Parliament and the Council of 10 October 2019 establishing a common framework for European statistics relating to persons and households, based on data at individual level collected from samples, amending Regulations (EC) No 808/2004, (EC) No 452/2008 and (EC) No 1338/2008 of the European Parliament and of the Council and repealing Regulation (EC) No 1177/2003 of the European Parliament and of the Council and Council Regulation (EC) No 577/98<sup>1</sup>, and in particular Article 6(1) thereof,

Whereas:

- (1) The income and living conditions domain provides the information required for the European Semester<sup>2</sup> and the European Pillar of Social Rights<sup>3</sup>, in particular on income distribution, poverty and social exclusion. It also provides information for various other Union policies related to living conditions and poverty. The *ad hoc* subject to be collected in 2027 on 'Mental health and well-being' is of key importance, in view of implementing the European Health Union initiative<sup>4</sup> which recognises that mental health is an integral part of health. New statistics and indicators should be developed and gradually embedded into policymaking to reflect issues such as inequalities, physical and mental health and to assess the impact of actions and funding.
- (2) The number of variables to be collected does not exceed by more than 5% the number of variables collected for the income and living conditions domain at the time when Regulation (EU) 2019/1700 entered into force,

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<sup>1</sup> OJ L 261I, 14.10.2019, p. 1, ELI: <http://data.europa.eu/eli/reg/2019/1700/oj>.

<sup>2</sup> The European Semester is the European Union's framework for the coordination and surveillance of economic and social policies.

<sup>3</sup> The European Parliament, the Council and the Commission proclaimed the European Pillar of Social Rights in 2017 at the Gothenburg Summit. The Pillar sets out 20 key principles which represent the beacon guiding us towards a strong social Europe that is fair, inclusive and full of opportunity in the 21st century.

<sup>4</sup> Communication from the Commission to the European Parliament, the Council, the European Economic and Social Committee and the Committee of the Regions 'The European Health Union: acting together for people's health', COM(2024) 206 final.

HAS ADOPTED THIS REGULATION:

*Article 1*

The number and title of the variables in the income and living conditions domain as regards the 2027 *ad hoc* subject on ‘Mental health and well-being’ shall be as set out in the Annex.

*Article 2*

This Regulation shall enter into force on the twentieth day following that of its publication in the *Official Journal of the European Union*.

This Regulation shall be binding in its entirety and directly applicable in all Member States.

Done at Brussels, 21.11.2025

*For the Commission*  
*The President*  
*Ursula VON DER LEYEN*