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From:	Secretary-General of the European Commission, signed by Ms Martine DEPREZ, Director
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To:	Ms Thérèse BLANCHET, Secretary-General of the Council of the European Union

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Subject:	ANNEX to the Commission Delegated Regulation supplementing Regulation (EU) 2019/1700 of the European Parliament and of the Council by specifying the number and the titles of the variables for the health domain

Delegations will find attached document C(2023) 7310 final.

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ANNEX

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to the

Commission Delegated Regulation

supplementing Regulation (EU) 2019/1700 of the European Parliament and of the Council by specifying the number and the titles of the variables for the health domain

ANNEX

Number and titles of the variables for the health domain

Topic	Detailed topic	Variable identifier	Variables name	
Technical items <i>12 technical variables</i>	Data collection information	PRIMSTRAT	Stratum	
		PSU	Primary Sampling Unit (PSU)	
	Identification	HHID	Identification number of household	
		PID	Identification number of respondent	
	Weights	WGT	Final individual weight	
	Interview characteristics	PROXY	Nature of participation in the survey	
		REFDATE	Reference date of the interview	
		INTMETHOD	Interviewing mode used	
		INTLANG	Language used for interview	
	Localisation	REGION	Region of residence	
		COUNTRY	Country of residence	
		DEG_URB	Degree of urbanisation	
	Person and household characteristics <i>11 collected variables</i> <i>1 derived variable</i>	Demography	SEX	Sex
			AGE	Age in completed years
			YEARBIRTH	Year of birth
PASSBIRTH			Passing of birthday	
Citizenship and migrant background		BIRTHPLACE	Country of birth	
		CITIZEN	Country of main citizenship	
		BIRTHPLACEFATH	Country of birth of the father	
		BIRTHPLACEMOTH	Country of birth of the mother	
Household composition		PARTNERS	Partners living in the same household	

		HHNBPERS	Household size
		HHNBPERS_0_13	Number of persons aged 13 or younger
		HHTYPE	Household type
Labour market participation <i>5 collected variables</i>	Main activity status (self-defined)	MAINSTAT	Main activity status (self-defined)
	Elementary job characteristics	JOBISCO	Occupation in main job
		LOCNACE	Economic activity of the local unit for main job
		FT_PT	Full or part-time main job (self-defined)
		JOBSTAT	Status in employment in main job
Educational attainment and background <i>1 collected variable</i>	Educational attainment level	HATLEVEL	Educational attainment level (highest level of education successfully completed)
Income, consumption and elements of wealth, including debts <i>1 collected variable</i>	Total household monthly income	HHINCOME	Net current monthly household income
Health status and disability, access to and availability and use of healthcare and health determinants <i>128 collected variables</i> <i>4 collected optional</i>	Minimum European Health Module	HS1	Self-perceived general health
		HS2	Long-standing health problem
		HS3	Limitation in activities because of health problems
	Diseases and chronic conditions	CD1A	Having asthma in the past 12 months (allergic asthma included)
		CD1B	Having chronic bronchitis, chronic obstructive pulmonary disease or emphysema in the past 12 months

<i>variables</i>	CD1C	Having a myocardial infarction (heart attack) or chronic consequences of myocardial infarction in the past 12 months
	CD1D	Having a coronary heart disease or angina pectoris in the past 12 months
	CD1E	Having high blood pressure in the past 12 months
	CD1F	Having a stroke (cerebral haemorrhage, cerebral thrombosis) or chronic consequences of stroke in the past 12 months
	CD1G	Having arthrosis (arthritis excluded) in the past 12 months
	CD1H	Having a low back disorder or other chronic back defect in the past 12 months
	CD1I	Having a neck disorder or other chronic neck defect in the past 12 months
	CD1J	Having diabetes in the past 12 months
	CD1K	Having an allergy, such as rhinitis, eye inflammation, dermatitis, food allergy or other (allergic asthma excluded) in the past 12 months
	CD1M	Having urinary incontinence, problems in controlling the bladder in the past 12 months
	CD1N	Having kidney problems in the past 12 months
	CD1O	Having depression in the past 12 months
	CD1P	Having high blood lipids in the past 12 months

		CD1R	Having cancer (i.e. received cancer diagnosis, cancer treatment, living with cancer) in the past 12 months
		CD2	Self-perceived general oral health
	Accidents and injuries	AC1	Occurrence of a home or leisure accident in the past 12 months
	Pain	PN1	Intensity of bodily pain during the past 4 weeks
		PN2	Extent that pain interfered with normal work during the past 4 weeks (including both work outside the home and housework)
	Mental health, including addictions	MH1A	Extent of having little interest or pleasure in doing things over the last 2 weeks
		MH1B	Extent of feeling down, depressed or hopeless over the last 2 weeks
		MH1C	Extent of having trouble falling or staying asleep, or sleeping too much over the last 2 weeks
		MH1D	Extent of feeling tired or having little energy over the last 2 weeks
		MH1E	Extent of having poor appetite or overeating over the last 2 weeks
		MH1F	Extent of respondent feeling negative about themselves, or feeling that they are a failure or have let themselves or their family down over the last 2 weeks
		MH1G	Extent of having trouble concentrating on things, such as reading the newspaper or watching television, over the last 2 weeks
		MH1H	Extent of moving or speaking so slowly that other people may have noticed; or being so fidgety or restless that they have been

			moving around a lot more than usual, over the last 2 weeks
		MH2A	Feeling cheerful and in good spirits over the last 2 weeks
		MH2B	Feeling calm and relaxed over the last 2 weeks
		MH2C	Feeling active and vigorous over the last 2 weeks
		MH2D	Waking up feeling fresh and rested over the last 2 weeks
		MH2E	Feeling that daily life has been filled with things that interest over the last 2 weeks
	Functional limitations	PL1	Wearing glasses or contact lenses
		PL2	Difficulty in seeing, even when wearing glasses or contact lenses
		PL3	Use of a hearing aid
		PL4	Difficulty in hearing what is said in a conversation with one other person in a quiet room even when using a hearing aid
		PL5	Difficulty in hearing what is said in a conversation with one other person in a noisier room even when using a hearing aid
		PL6	Difficulty in walking half a km on level ground without the use of any aid
		PL7	Difficulty in walking up or down 12 steps
		PL8	Difficulty in remembering or concentrating
		PL8A	Difficulty in communicating (using usual language, for example understanding or being understood by others)

		PL9	Difficulty in biting and chewing on hard foods
Difficulties in personal care activities		PC1A	Difficulty in feeding yourself
		PC1B	Difficulty in getting in and out of a bed or chair
		PC1C	Difficulty in dressing and undressing
		PC1D	Difficulty in using toilets
		PC1E	Difficulty in bathing or showering
		PC2	Usually receiving help with one or more self-care activities: feeding yourself, getting in and out of a bed or chair, dressing and undressing, using toilets, bathing or showering
		PC3	Need to receive help or more help with one or more self-care activities: feeding yourself, getting in and out of a bed or chair, dressing and undressing, using toilets, bathing or showering
Difficulties in household activities		HA1A	Difficulty in preparing meals
		HA1B	Difficulty in using the telephone
		HA1C	Difficulty to do shopping
		HA1D	Difficulty in managing medication
		HA1E	Difficulty in doing light housework
		HA1F	Difficulty in doing occasional heavy housework
		HA1G	Difficulty in taking care of finances and everyday administrative tasks

		HA2	Usually receiving help with one or more domestic activities: preparing meals, using the telephone, shopping, managing medication, light or occasional heavy housework, taking care of finances and everyday administrative tasks
		HA3	Need for help or more help with one or more domestic activities: preparing meals, using the telephone, shopping, managing medication, light or occasional heavy housework, taking care of finances and everyday administrative tasks
	Temporary limitation in activity (due to health problems)	AW2	Number of days of absence from work due to personal health problems in the past 12 months
	Barriers to participation in specific life domains	BA1	Difficulty leaving home due to long-standing health problems (chronic conditions or impairments)
		BA2	Difficulty using various forms of transportation due to longstanding health problems
		BA3	Difficulty accessing public buildings, including moving about once inside and using indoor building facilities due to longstanding health problems
		BA4 (optional)	Main reason contributing to the difficulty experienced (other than long-standing health problems)
		BA5	Difficulty attending social activities such as getting together with family or friends, going to dinner, going to social events due to longstanding health problems

		BA6 (optional)	Main reason contributing to the difficulty experienced attending social activities (other than long-standing health problems)
		BA7	Difficulty using internet due to long-standing health problems
	Use of health and long-term care	HO12	Number of nights spent as a patient in a hospital in the past 12 months
		HO34	Number of times admitted as a day patient in a hospital in the past 12 months
		AM1	Last time of a visit to a dentist or orthodontist (for personal treatment)
		AM2	Last time of a consultation of a general practitioner or family doctor (for personal treatment)
		AM3	Number of consultations of a general practitioner or family doctor during the past four weeks (for personal treatment)
		AM4	Last time of a consultation of a medical or surgical specialist (for personal treatment)
		AM5	Number of consultations of a medical or surgical specialist during the past four weeks (for personal treatment)
		AM6A	Consultation of a physiotherapist or kinesiologist in the past 12 months
		AM6B	Consultation of a psychologist, psychotherapist or psychiatrist in the past 12 months
LT1	Receiving regularly (at least once a week) informal care or assistance due to a chronic health condition or infirmity or due to old age		

		LT2	Receiving regularly (at least once a week) any (formal) home care services due to a chronic health condition or infirmity or due to old age
		LT3	Number of hours per week regularly receiving (formal) home care services for personal needs
	Medicine use	MD1	Use of any medicines prescribed by a doctor during the past two weeks (excluding contraception)
		MD2	Use of any medicines, herbal medicines or vitamins not prescribed by a doctor during the past two weeks (excluding contraception)
	Preventive care	PA1	Last time of vaccination against flu
		PA2	Last time of blood pressure measurement by a health professional
		PA3	Last time of blood cholesterol measurement by a health professional
		PA4	Last time of blood sugar measurement by a health professional
		PA5	Last time of a faecal occult blood test
		PA6	Last time of a colonoscopy
		PA7	Last time of a mammography (breast X-ray)
		PA8	Last time of a cervical smear test
	Access to healthcare	UN1A	Unmet need for health care in the past 12 months due to long waiting list(s)
		UN2A	Unmet need for mental healthcare

		UN2B	Main reason for unmet need for mental healthcare
Height and weight		BM1	Height without shoes
		BM2	Weight without clothes and shoes
Physical activity		PE1	Physical effort of working tasks (both paid and unpaid work activities included)
		PE2	Number of days in a typical week walking to get to and from places at least 10 minutes continuously
		PE3	Time spent on walking to get to and from places on a typical day
		PE4	Number of days in a typical week bicycling to get to and from places at least 10 minutes continuously
		PE5	Time spent on bicycling to get to and from places on a typical day
		PE6	Number of days in a typical week doing sports, fitness or recreational (leisure) physical activities that cause at least a small increase in breathing or heart rate for at least 10 minutes continuously
		PE7	Time spent on doing sports, fitness or recreational (leisure) physical activities in a typical week
		PE8	Number of days in a typical week doing muscle-strengthening activities
		PE9	Time spent sitting on a typical day
Nutritional habits		DH1	Frequency of eating fruit, excluding juice
		DH2	Number of portions of fruit a day, excluding juice

		DH3	Frequency of eating vegetables or salad, excluding juice and potatoes
		DH4	Number of portions of vegetables or salad, excluding juice and potatoes a day
		DH5	Frequency of drinking pure fruit or vegetable juice
		DH6	Frequency of drinking sugar-sweetened soft drinks
		DH7	Frequency of eating red meat
		DH8	Frequency of eating processed meat products
	Smoking	SK1	Type of tobacco smoking behaviour
		SK2	Average number of cigarettes a day
		SK3	Former daily tobacco smoking
		SK4	Number of years of daily tobacco smoking
		SK5	Frequency of exposure to tobacco smoke indoors
		SK6A	Type of heated tobacco products use behaviour
		SK6B	Type of electronic cigarettes or similar electronic devices behaviour
	Alcohol consumption	AL1	Frequency of consumption of an alcoholic drink of any kind (beer, wine, cider, spirits, cocktails, premixes, liqueurs, homemade alcohol...) in the past 12 months
		AL2	Frequency of consumption of an alcoholic drink from Monday to Thursday

		AL3	Number of alcoholic (standard) drinks on average on one of the days from Monday to Thursday
		AL4	Frequency of consumption of an alcoholic drink from Friday to Sunday
		AL5	Number of alcoholic (standard) drinks on average on one of the days from Friday to Sunday
		AL6	Frequency of risky single-occasion drinking (equivalent of 60g of pure ethanol or more) during the past 12 months
	Social and environmental factors	SS1	Number of close people to count on in case of serious personal problems
		SS2	Degree of concern shown by other people in what the respondent is doing
		SS3	How easy is it to get practical help from neighbours in case of need
		IC12	Providing care or assistance to one or more persons suffering from any chronic health condition or infirmity or due to old age, at least once a week
		IC3	Number of hours per week the respondent provides care or assistance to the person(s) suffering from any chronic condition or infirmity or due to old age
	Suicide (optional)	SU1	Having had thoughts about committing suicide
		SU2	Having ever made a suicide attempt